



FRESH FRUIT

Fresh fruit whole
Fruit Salad in tub

YOWIE BAY PUBLIC SCHOOL MENU

Open Monday, Tuesday, Thursday and Fridays.



HOT FOOD

\$1.00 Low fat Meat Pie
\$4.00 Low fat Sausage Roll
Chicken Nuggets - 3 Nuggets \$2.50 6 Nuggets
GF Chicken Nuggets - 3 Nuggets \$3.00 6 Nuggets
Mon - Nachos
Thurs - Chicken Burger
Thurs - Beef Burger
Mac & Cheese or Butter Chicken GF
Mon, Tues, Fri - Stuffed Potato
Mexican Mince Burrito Wrap
Pizza Wrap -
Cheese

FRESH WRAPS

\$5.00 Vege Rice Paper Rolls GF Mon only
\$5.50 Chicken Rice Paper Rolls GF Mon only
\$5.50 Sweet Chilli Chicken Tender Wrap
\$6.00 w/- Lettuce, Tomato & Cheese
\$5.50 The Toasted Wonga Wrap
\$5.50 w/- Chicken, avocado, Dijonaise & Cheese
\$5.50
\$5.50
\$5.50
\$5.50

FRESHLY BAKED

Anzac Slice \$1.50
Raisin Toast - 1 slice \$1.50
Garlic Bread (per piece) \$0.50
Cheese Melt \$1.50
English Muffins w/- Ham & Cheese \$2.50

DRINKS

\$4.00
\$4.50 Light Oak Milk 300ml GF Chocolate/Strawb \$2.50
\$0.30 Up & Go Chocolate/Vanilla \$2.20
Water 350ml \$1.70
Chill J Various flavours \$2.50
Popper Juice 200ml Various Flavours \$1.80

SNACKS

Freshed Popped Popcorn per bag
Cereal Bites per bag
Red Rock Deli Chips - Sea Salt
Grain Waves - Sour Cream & Chives
Piranha Sea Salt Popcorn

\$0.30 Chicken or Ham or Tuna or Egg
\$0.60 Meat/Egg and Salad
\$1.80 Salad
\$1.80 Vegemite or Cheese
\$1.80 Vegemite & Cheese
Ham and Cheese/Tomato and Cheese
Ham, Cheese & Tomato

FROZEN ITEMS

\$3.00 Moosies Milk Freeze GF Choc/Bubblegum \$2.20
\$5.00 Twisted Frozen Yogurt Watermelon/Mango \$2.20
\$4.00 Choc/Vanilla
\$2.00 Quelch Fruit Sticks GF \$1.20
\$2.50 Slushies 99% Juice GF - Half Serve \$1.20 Full \$2.20
\$3.50 Frozen Fruit Cups GF - Blackcurrant/Apple \$1.50
\$4.00
\$4.00
\$0.50

SALADS

Garden Salad GF
Garden Salad with Meat and/or Egg

\$5.00 Ham, Cheese & Pineapple
\$5.50 any extra salad items add

**We have GF bread in freezer
No cost to toast sandwiches**

For online orders go to www.flexischools.com

PLEASE MARK "PSSA LUNCH" FOR FRIDAYS

Updated Feb 2025
Canteen Supervisor: Michelle 0415 534 461