



### FRESH FRUIT

Fresh fruit whole  
Fruit Salad in tub

# YOWIE BAY PUBLIC SCHOOL MENU

Open Monday, Tuesday, Thursday and Fridays.



### HOT FOOD

\$1.00 Low fat Meat Pie  
\$4.00 Low fat Sausage Roll  
Chicken Nuggets - 3 Nuggets \$2.50 6 Nuggets  
GF Chicken Nuggets - 3 Nuggets \$3.00 6 Nuggets  
Mon - Nachos  
Tues - Chicken Burger  
Tues - Beef Burger  
Mac & Cheese or Butter Chicken GF  
Stuffed Potato  
Mexican Mince Burrito Wrap  
Pizza Wrap -  
Cheese

### FRESH WRAPS

\$4.00 Vege Rice Paper Rolls GF Mon only \$5.00  
\$4.00 Chicken Rice Paper Rolls GF Mon only \$5.50  
\$5.00 Sweet Chilli Chicken Tender Wrap \$5.50  
\$6.00 w/- Lettuce, Tomato & Cheese  
\$4.50 The Toasted Wonga Wrap \$5.50  
\$5.50 w/- Chicken, avocado, Dijonaise & Cheese  
\$5.50  
\$5.50  
\$5.50

### FRESHLY BAKED

Anzac Slice \$1.50  
Raisin Toast - 1 slice \$1.50  
Garlic Bread (per piece) \$0.50  
Cheese Melt \$1.50  
English Muffins w/- Ham & Cheese \$2.50

### DRINKS

\$4.00  
\$4.50 Light Oak Milk 300ml GF Chocolate/Strawb \$2.50  
\$0.30 Up & Go Chocolate/Vanilla \$2.20  
Water 350ml \$1.70  
Groove Watermelon/Cool Blue \$2.50  
Popper Juice 200ml Various Flavours \$1.80

### SNACKS

Freshed Popped Popcorn per bag  
Cereal Bites per bag  
Red Rock Deli Chips - Sea Salt  
Grain Waves - Sour Cream & Chives  
Piranha Sea Salt Popcorn

### SANDWICHES/WRAPS

\$0.30 Chicken or Ham or Tuna or Egg  
\$0.60 Meat/Egg and Salad  
\$1.80 Salad  
\$1.80 Vegemite or Cheese  
\$1.80 Vegemite & Cheese  
Ham and Cheese/Tomato and Cheese  
Ham, Cheese & Tomato  
\$5.00 Ham, Cheese & Pineapple  
\$5.50 any extra salad items add

### FROZEN ITEMS

\$3.00 Moosies Milk Freeze GF Choc/Bubblegum \$2.20  
\$5.00 Twisted Frozen Yogurt Watermelon/Mango \$2.20  
\$4.00 Choc/Vanilla  
\$2.00 Quelch Fruit Sticks GF \$1.20  
\$2.50 Slushies 99% Juice GF - Half Serve \$1.20 Full \$2.20  
\$3.50 Frozen Fruit Cups GF - Blackcurrant/Apple \$1.20  
\$4.00  
\$4.00  
\$0.50

### SALADS

Garden Salad GF  
Garden Salad with Meat and/or Egg

We have GF bread in freezer  
No cost to toast sandwiches

For online orders go to [www.flexischools.com](http://www.flexischools.com)

PLEASE MARK "PSSA LUNCH" FOR FRIDAYS

Updated Feb 2024  
Canteen Supervisor: Michelle 0415 534 461