



31 January 2020

Dear Parents

K-6 Life Skills Group Program
Monday 2 March to Thursday 9 April 2020
Yowie Bay Public School

K-6 children will be participating in a six week Life Skills Group incursion program at school on a Monday, Tuesday or Thursday commencing Monday 2 March 2020 to Thursday 9 April 2020. This program has been planned to supplement the following work being done in the classroom: PDHPE and Positive Behaviour for Learning.

- K-2 children will participate in the *Healthy Skills for Life* program.
- Years 3-4 children will participate in *Yoga to Go Kids*
- Years 5-6 children will participate in *Mindfulness in Action*.

Further information regarding the program is available on their website www.lifeskillsgroup.com.au

A detailed timetable will be published in the school newsletter.

The program is **\$27.00**. Permission notes should be returned by Friday 21 February. The cost was included in Term 1 fees.

The class teacher and a fully trained instructor will be at each lesson.

The children will be required to wear their sports uniform on their designated day.

Liane Sharp
Assistant Principal

Leanne Noon
Principal



K-6 Life Skills Group Program
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Yowie Bay Public School
Permission Note

Please complete this permission form and return to your child's class teacher.

Child's Name: _____ **Class:** _____

I give permission for my child to participate in the K-6 Life Skills Group incursion program on a Monday, Tuesday or Thursday from Monday 2 March 2020 to Thursday 9 April 2020 inclusive as approved by the Principal. The program is **\$27.00**. Permission notes should be returned by Friday 21 February 2020.

Student Behaviour

Students must behave appropriately at all times on incursions. Students on incursions interact with the public and are representatives of Yowie Bay Public School. I understand and acknowledge the information provided pertaining to student behaviour.

Information pertaining to your child that may affect their participation in this incursion, ie health:

Parent's Name: _____

Signed: _____
(Parent/Guardian)

Date: _____